

Montalvo Arts Center: Pressed Flower Prints with instructor Dana Harel

Materials List

- Vibrant and colorful flowers, leaves, and vegetables to print
- Watercolor or Bristol paper – thick paper pad of any size
- Watercolor palette
- Watercolor brush – any 2 different sizes
- Hard working surface (cutting board, slab of wood, etc.)
- Hammer
- Kitchen towel/rag – to place under hard working surface to defuse sound when hammering.
- Paper towels
- Scissors
- Tweezers or toothpicks
- Blue tape
- Pencil
- Pen

Flowers, Leaves, and Vegetable Selection:

We are looking for vibrant colors of leaves and flowers so we can pound them to release their natural dyes onto paper.

Start by going around the neighborhood, your garden, to find any size leaves and flowers to work with. These greeneries do not have to be new and fresh, but have enough color to squeeze and batter with. We are looking for bright colors that aren't too dry, but it takes a little trial and error to find good plants, so grab a variety.

Be sure to avoid poison plants like oleander, poison ivy.

Vegetables are welcome for this class as certain types offer vivid pigment and form to the paper. These vegetables include: spinach, red cabbage (rich pigment), beets, blue berries (good on paper and can act as watercolor pigment), and raspberries. Other vegetables with rich pigment and that you wish to experiment with are welcomed.



Links to Purchase Materials: Listed below, are recommendations of where and what type to purchase. You are welcome to purchase what is listed or you can purchase from your respected store that has these items.

1. Watercolor Paper – any size or brand type

- https://www.amazon.com/Canson-Watercolor-Textured-Charcoal-100510941/dp/B01GTR6GHS/ref=sr_1_3?dchild=1&keywords=watercolor%2Bpaper&qid=1595353422&sr=8-3&th=1
- https://www.amazon.com/Art1st-Watercolor-Paper-140-Sheets/dp/B07CHRSM3/ref=sr_1_4?dchild=1&keywords=watercolor+paper&qid=1595353471&sr=8-4

2. Bristol Paper – any size or brand type

- https://www.amazon.com/Strathmore-Bristol-Smooth-Bound-Sheets/dp/B00254AU8Q/ref=sr_1_1_sspa?dchild=1&keywords=bristol+paper&qid=1595353549&sr=8-1-spons&psc=1&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUE0TzVESFpTR0Y5OE8mZW5jcnlwdGVkSWQ9QTAzMjM5ODFFM0JMMFZFTVksM0YmZW5jcnlwdGVkQWRJZD1BMDc3NzE5NEtLRlo3TE4yRjk4OCZ3aWRnZXROYW1lPXNwX2F0ZiZhY3Rpb249Y2xpY2tSZWRpcmVjdCZkb05vdExvZ0NsaWNrPXRydWU=
- https://www.amazon.com/Canson-Bristol-Heavyweight-Marker-Pencil/dp/B015FP6ODQ/ref=sr_1_4?dchild=1&keywords=bristol+paper&qid=1595353564&sr=8-4

3. Watercolor Palette

- https://www.amazon.com/Watercolor-Professional-Foldable-Christmas-Painting/dp/B07CZF361Q/ref=sr_1_3?dchild=1&keywords=watercolor+palette&qid=1595353599&sr=8-3
- <https://www.target.com/c/painting-kids-arts-crafts-toys/watercolor-paints/-/N-5xt8dZvgoym?type=products>
- <https://www.michaels.com/watercolor-pan-set-fundamentals-by-artists-loft/10122060.html>